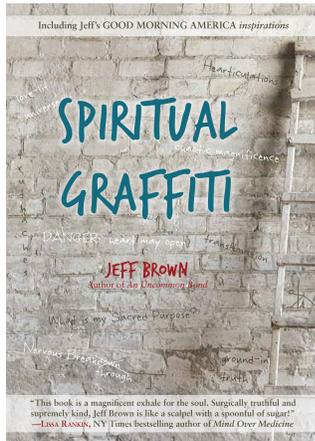




Enrealment Press
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For immediate release

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SPIRITUAL GRAFFITI

By Jeff Brown

In this entrancing collection, author **Jeff Brown** shares more of his profound quotes and musings with us. Words written on walls—in his home, in back-alleys, on Facebook—come vibrantly to life in this poignant offering. Building on the popularity of his first two quotes books—*Love it Forward* and *Ascending with Both Feet on the Ground*—Brown takes it to the next level in this collection, cutting straight to the heart of the matter with wisdoms that both energize and uplift. This book is alive! In a style uniquely his own, Brown invites readers in the direction of their own transformation. They are invited, and they are supported as they endeavor to find meaning on their life's journey. *Spiritual Graffiti* is a lighthouse of possibility, one that both celebrates our perfectly imperfect humanness and reminds us that there is hope at every turn. As an added bonus, Jeff has included more of the inspirations he wrote for ABC'S 'Good Morning America', and his popular healing blog 'Apologies to the Battered Child'. This book is a beautiful gift for anyone who is seeking a deeper and more authentic life.

Early Praise:

“This book is a magnificent exhale for the soul. Many sincere seekers become bamboozled by spiritual teachers who suggest that we ignore our feelings, numb our bodies, and violate our intuition in the name of enlightenment. But Jeff Brown humbly offers an alternative, even rebellious, viewpoint. With exquisite sensitivity and compassion, he acknowledges that we can't wake up without grounding our self-realization into our feeling, sensing human bodies. I am a voracious student of spiritual teaching, but Jeff Brown is a spiritual teacher I truly trust, marrying incisive, almost surgical truth with supreme kindness in a way that enlivens your spirit and makes you feel your heart. He is like a scalpel with a spoonful of sugar.”

—LISSA RANKIN, NY Times bestselling author of *Mind Over Medicine*

“Unabashedly written from his heart and guts, Jeff Brown's *Spiritual Graffiti* is a brave, bold, and very real offering of what it means to be human. Filled with raw truth, inspiration and plenty of insights into the path of awakening, this book is sure to serve those well who read it.”

—CHRIS GROSSO, author of *Indie Spiritualist* and *Everything Mind*

“Jeff Brown's words are the much needed love-splattered slap to our wearied New Age-filled heads. In *Spiritual Graffiti* we get a glimpse into the way that light and positivity alone will never reveal to us the mystery of both our humanity and our Godhood. Through his decades of deep personal inquiry, Jeff reveals his painful and potent intimacy with his own darkness as a pathway to revelation. *Spiritual Graffiti* is a deep-dive into the soul of one man, and yet a mirror for all who find themselves on the journey towards 'enREALment.' I'm a forever fan.”

—KATIE SILCOX, spiritual teacher and NY Times bestselling author of *Healthy Happy Sexy: Ayurveda Wisdom for Modern Women*

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SELF-HELP/SPIRITUALITY



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“*Spiritual Graffiti* sprays us with a rebel call to deeper love. Jeff Brown’s words masterfully woke me up, pissed me off, and then openly seduced me back into my own heart. He invites us to drop the pretense, befriend our shadow and find God-Goddess in the very earth under our fingernails. This little book offers a banquet of soul nourishment and tangible guidance on how to be more alive in walking our own truth. The messiness of life and love makes a little more sense looking through this sacred lens. Bravo.

—**LISA SCHRADER**, Author, Coach and Founder of AwakeningShakti.com

“Jeff Brown’s latest work is a testimonial to the soul. His writing is at the edge, breaking through the cosmic and cultural barriers to reveal things in an entirely new way. He understands the vital importance to converse about the soul in every aspect of life. This makes him a modern day Troubadour. A must read for Divine Lovers everywhere!”

—**ANAIYA SOPHIA**, author of *Sacred Sexual Union* and co-author of *Womb Wisdom*

“*Spiritual Graffiti* sizzles with courage. With a fearless pen, Jeff Brown inscribes his unique wisdom in practical, succinct, and heart-centered language that sagaciously calls out the negligence of today’s New Age movement and walks us boldly to our highest callings.”

—**SUSAN FRYBORT**, author of *Hope is a Traveler*

“Jeff Brown’s words touch a place deep in my heart. They remind my heart of many things she knows but often resists--that none of us are flawed or broken, we are beautifully Whole just as we are, and within each of us is the stunning courage to live a radically authentic, awake, and open-hearted life. Each and every page of *Spiritual Graffiti* is a nourishing treasure for the soul. I highly recommend this powerful book.”

—**JUNA MUSTAD MILANO**, co-founder of DailyRelationship.com

About the Author:

A former criminal lawyer and psychotherapist, Jeff Brown is the author of 4 previous books: *Soulshaping: A Journey of Self-Creation*, *Ascending with Both Feet on the Ground*, *Love it Forward*, and *An Uncommon Bond*. He is also the author of the viral blog *Apologies to the Divine Feminine* (from a warrior in transition) and the producer of and key journeyer in the award-winning spiritual documentary *Karmageddon*, which also stars Ram Dass, Seane Corn, David Life, Deva Premal and Miten. He has written a series of inspirations for ABC’s Good Morning America and appeared on over 200 radio shows.



His first book of quotes, *Ascending with Both Feet on the Ground*, was published in the autumn of 2012. Endorsed by best-selling authors Elizabeth Lesser, Oriah Mountain Dreamer and Katherine Woodward Thomas, ‘Ascending’ is a collection of some of Jeff’s most popular spiritual graffiti—quotes, soul-bytes and aphorisms—frequently shared in social media. His



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second book of quotes, *Love it Forward*, was published on Valentine's day, 2014. Endorsed by best-selling authors Caroline Myss and Andrew Harvey, 'Love' contains many of Jeff's most popular love and relationship quotes. His higher consciousness love story *An Uncommon Bond*, was published in May, 2015 to sparkling reviews. 'Bond' is also available as an audio book, through Blackstone Audio. *Spiritual Graffiti* is the third in his series of quotes books.

Jeff is also the founder of Enrealment Press and the creator of a new online school, Soulshaping Institute, which launched in January, 2015. He is presently in Toronto, working on a book that reflects his lens on spirituality. You can connect with Jeff's work at www.soulshaping.com, www.soulshapinginstitute.com and www.enrealment.com.