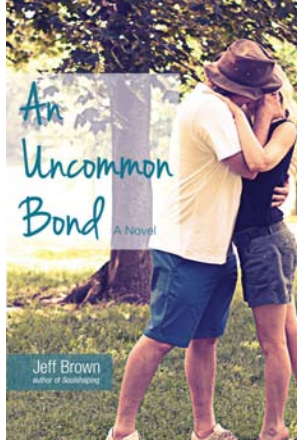




Enrealment Press
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For immediate release

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An Uncommon Bond

By Jeff Brown

“Jeff Brown has done it again... Within your hands is another magical master-piece. If you are ready for a whirlwind of radical honesty, bare-boned intimacy and the raw dissecting that **MUST** go into Sacred Relationship then read on. A jewel of the highest order.” —**ANAIYA SOPHIA**, author of *Sacred Sexual Union* & co-author of *Womb Wisdom*

In this higher consciousness love story, author **Jeff Brown** shares the poignant journey of Lowen and Sarah, two soulmates who have found their way to one another yet again. This intimate and revealing account is told through Lowen's eyes, as he experiences the heights and depths that come with meeting his beloved. In this remarkably engaging story, we walk beside the lovers as they touch the divine and then struggle to ground their love in daily life. From the heights of sacred sexuality to the depths of human foible, they ultimately have to choose: surrender to this love or shrink back to mediocrity, work through their emotional baggage or flee the connection, open to the next portal of possibility or postpone it until the next lifetime. Shaped and reshaped in love's cosmic kiln, Sarah and Lowen become a symbol of our own longing for wholeness in the presence of another. This book is a rare and unique gem, one of the first of its kind. Rivetingly real and magically poetic, it sheds new light on the evolving relational paradigm of "uncommon bonds," "soulmates" and Jeff Brown's unique term "wholemates." In a world that yearns for deep soul connection, *An Uncommon Bond* provides a blueprint of conscious relationship for us all—reminding us of the luminous nature of great love, and showing us the opportunities for expansion that live at its heart.

About the Author:

Born in Toronto, Canada, Jeff Brown did all the things he was supposed to do to become successful in the eyes of the world. He was on the Dean's Honor List as an undergraduate. He won the Law and Medicine prize in law school. He apprenticed with top criminal lawyer Eddie Greenspan. It had been Brown's lifelong dream to practice criminal law and search for the truth in the courtroom.



But then, on the verge of opening a law practice, he heard a little voice inside telling him to stop, just stop. With great difficulty, he honored this voice and began a heartfelt quest for the truth that lived within him. Although he didn't realize it at the time, Brown was actually questing for his sacred purpose, the essential being that he came into this lifetime to embody. He was searching for his authentic face.

As part of his journey, Brown surrendered to his confusion and explored many possible paths. He studied Bioenergetics and did session work with cofounder Alexander Lowen. He practiced as a bodycentered psychotherapist. He completed an MA in Psychology at Saybrook Graduate School in San Francisco and cofounded the Open Heart Gang, a benevolent gang with a heartfelt

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intention. He developed his student business and became a successful entrepreneur.

The most important thing Brown did, however, was the inner work. By going inside and connecting his spirituality with his emotional life, he learned essential lessons. By learning to surrender to the “School of Heart Knocks” (the school of life), he found his authentic face and embraced the call to write *Soulshaping*. Although he resisted it at first, he soon realized that honoring the call was his best defense against sleeplessness. If he wrote, he slept. If he didn’t, he lay awake all night. This is the nature of a calling.

After *Soulshaping* was published by North Atlantic Books in 2009, Brown published a book of his popular quotes and inspirations called *Ascending with Both Feet on the Ground*. Endorsed by Oprah regular Elizabeth Lesser, and best-selling authors Oriah Mountain Dreamer and Katherine Woodward Thomas, *Ascending* is a collection of Jeff’s most popular spiritual graffiti quotes, soul-bytes and aphorisms frequently shared in social media.

He is also the author of the viral blog *Apologies to the Divine Feminine* (from a warrior in transition) and the producer and key journeyer in the award winning spiritual documentary, *Karmageddon*, which also stars Ram Dass, Seane Corn, David Life, Deva Premal and Miten. He has written a series of inspirations for ABC’s Good Morning America and appeared on over 200 radio shows. His third book, the best-selling *Love it Forward*, was published on Valentine’s day, 2014. He is also the founder of Enrealment Press and the creator of a new online school—Soulshaping Institute—which launched in February, 2015.

Brown is currently in Toronto, working on a book that articulates his framework of grounded spirituality. For more information, please visit www.enrealment.com, www.soulshaping.com and www.soulshapinginstitute.com.

Recent Praise:

“In **An Uncommon Bond**, we are shown love as a relentless force within the universe, acting on the lives of the two main characters to crack open their hearts that their souls might come home to each other and we recognize their story as our own. Written with passion, honesty and wisdom, this is an uncommon book.”—**PHILIP SHEPHERD**, Author of *New Self, New World: Recovering Our Senses in the Twenty-first Century*

“An Uncommon Bond is both evocative and riveting, wrapping its way around the heart and soul of anyone who’s ever been involved or interested in a deeper type of love that extends beyond the realm of common sense and connection. Jeff Brown brilliantly explores the rapture, the darkness, the confusion, and the elevation that pulses inside the painfully exquisite merging of two people who were unprepared for such a transformational and transcendent relational experience. Stunningly eye opening, shape shifting and profound, I will never again look at the beautiful possibilities of love the same as before.” —**VICTORIA ERICKSON**, Author of *Edge of Wonder*

“Jeff Brown elegantly weaves an evolutionary romance in *An Uncommon Bond*. Whereas most love stories end with “happily ever after,” Jeff takes us beyond the fairy tale and into the grounded spirituality necessary to truly meet the Beloved, both within ourselves and in our relationships. He is a master wordsmith, engaging and enlightening us with his whimsical wordplay as we watch the journey unfold between Lowen and Sarah, the story’s “Scar-Crossed



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Lovers.” Armed with his witty-wise lexicon and his deep understanding of human nature, Jeff presents a new paradigm of relating that is essential to the healing and growth of our society.” —
CANDICE HOLDORF, Actress and Author of *From 6 to 9 and Beyond: Widening the Lens of Feminine Eroticism*

“In this beautifully written prose, Jeff Brown weaves powerful teachings and wisdom into a vulnerable tale of love, pain and truth. While reading, I experienced an integration of my heart and mind that opened a channel directly to my soul. I believe that with every vulnerable and raw truth told, each of us is uplifted into a timeless place where there are no words— just experiences of the soul. Thank you Jeff for taking me there.” —**KELLY MCNELIS**, Founder of *Women For One*

“Jeff Brown has put into words the glory and anguish of love that all of us who have loved know so well. His words burrow into my heart. I feel him. I feel me. I feel our common experience in a way that expands my own personal understanding and gives me new ways to think and talk about the love in my own life. In addition, Jeff draws out of his experiences wisdom that honors these experiences and elevates his awareness. So often when we have had pain in love, it is easy to point the finger and deny our own part in the creation of the challenge. The male character's willingness to take responsibility and take a hard look at his patterns leads to his enlightenment and enlivenment. This approach is inspirational. Anyone dealing with deep heartache over love lost can follow his tracks to come out the other side. And what is on the other side is reason enough to take the journey through the heart of darkness. I am delighted I got to take this journey. In my own relationship with my beloved, Tomas, we have hit some rocky patches and have had to take hard looks, too, at our patterns. What Jeff is sharing in his juicy and powerful book is what has worked for me and Tomas. It has been through our willingness to see ourselves more clearly that we have worked through our own dramas. What a gift to have Jeff's book to inspire, support, and illuminate the path of relationship, and how to navigate it more honestly, and successfully.” —**JOAN HEARTFIELD, PhD.**, Author of *Romancing the Beloved, A Sacred Sexual Adventure into Love*

“Jeff Brown holds a mirror up to the dance of the masculine and the feminine in this fearless look into the everyday rise and fall of relationships. A realistic and honest view of the true meaning of soulmates.” —**JILL ANGELO**, Author of *Sacred Space: Turning Your Home Into a Sanctuary*