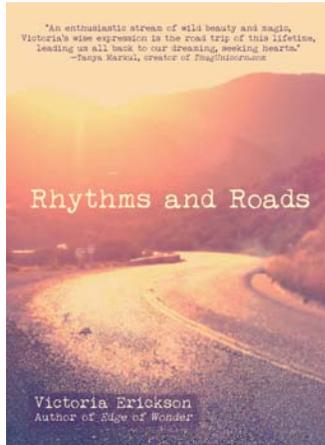




**Enrealment Press**  
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**For immediate release**  
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# Rhythms and Roads

By Victoria Erickson

Following the success of her debut book, *Edge of Wonder*, Victoria Erickson once again captures the heart's attention in this enlivening collection of poetry and musing. While her writings in this book radiate a fresh and new wonder, they continue to showcase Erickson's unforgettable and infectious zeal for life. The reader feels called away from the mundane and inconsequential by her trademark blend of poetic grace and electrifying enthusiasm. *Rhythms and Roads* will do more than enchant one's soul and inspire; it promises to awaken memories long forgotten and to breathe into them a spirit of lively possibility.

This exhilarating collection is the perfect companion for anyone ready to break cages and fall into a sea of deep, soulful, courageous living.

## Early Praise:

"I'm immediately struck by the sense of nature and the elemental always present in her words. The importance of water and air and fire. At the same time, there's a softness and an opening, a permeability to the world and her ever-present sense that this life is a balance between wanting and allowing. In truth, these feel not so much poems as an ongoing conversation between selves that are remembering more clearly as each moment unfold. Or the voice of a friend lying in grass beside us in the soft night, wandering together in an endless sea of stars. As she writes so beautifully: Time is fast and fleeting. Nothing is certain. Don't let go of things that are rare and beautiful and true."

—**BRIAN ANDREAS**, Artist. *Author at A Hundred Ways North and Storypeople*

"Rhythms and Roads is a moving collection of transmissions & messages from the universe, & mostly, a moving remembering for our very own hearts."

—**BRYONIE WISE**, Author of *Heart Roar: A Book of Tiny Prayers*

"An enthusiastic stream of wild beauty and magic, Victoria's poetry and prose creates footprints on an epic adventure of soul. I'm nourished and inspired daily, by Victoria's artistry, her visions and child-like love for Life. Her wise expression is the road trip of this lifetime, leading us all back to our own dreaming, seeking hearts."

—**TANYA MARKUL**, Founder of *Thugunicorn.com, Wakingwild.com* and *Urbanhowl.com*

"Living a creative life can be both magical and maddening. It requires a kind of curiosity and vulnerability not for the faint of heart. Through her elegant and eloquent way of weaving words together on the page, Victoria shows us that strength can be both soft and subtle, and that life rewards us in unexpected ways when we dare to live so boldly that we are broken open. These are words I can live by."

—**ALISA BARRY**, Artist, Author & Entrepreneur at *Alisabarry.com*

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POETRY/INSPIRATION



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“If you want to feel your feelings, then go read anything written by Victoria Erickson. She is a lighthouse whose words ignite and touch the soul like nothing else I have ever read or experienced before. *Rhythms and Roads* is another brilliant book that inspires us to live from a place of authenticity and connection.”

—**ELISE MUSELES**, founder of *Kale & Chocolate* and author of *Whole Food Energy*

“Victoria Erickson is an alchemist of the human spirit. Her words are the kind we reach for to make sense of our messy hearts and labyrinth minds. She gives voice to the feelings you can taste but cannot name. The things you choke on when the night is never-ending. Bring her your pain and she will give you a song.”

—**ERIN MERELLI**, Founder at *Voyage of the Soul*

“I slip into Victoria’s words and swiftly I’m able to feel differently. There’s a soft mirror-soul. Her words, enchanting, engaging, and enriching are a dreaming reflection of endless, hopeful and poignant. How is it possible to string the right sequence together and create her magic? It just is. I only want more.”

—**CAROLYN RIKER**, Author of *Blue Clouds*

“The rush of her words pierces directly to my soul. Victoria has (once again) captured the essence of her spirit, of our deepest thoughts and energies, and of the collective voice. As an old-soul poet, her wisdom and her inspiration are the daily dose we all need. *Rhythms and Roads* is a bedside book, for as the moment you open your eyes in the morning, or say goodnight to the moon and stars, Victoria’s words will be right there with you.”

—**GERRY ELLEN**, author of *Ripple Effects* and *A Big Piece of Driftwood*

“Eye-opening, mind-opening, and heart-opening, *Rhythms & Roads* is full of beautiful reminders, insights, and hope. Victoria Erickson weaves observations of her outer and inner worlds with a grounded reality that also inspires. She presents not just poetry, but supportive teachings that engage the senses as well as the mind. Her words have both the power and the softness to move you.”

—**REBECCAA CLIO GOULD**, Author of *The Multi-Orgasmic Diet*

## **About the Author:**

**Victoria Erickson** is a grounded idealist who’s been writing the world awake since she was a child. Forever embodied and heart driven, she believes deeply in innate wildness, creativity, intuitive body intelligence, and in harnessing the power of sensitivity. A rising social media sensation, *Rhythms and Roads* follows the great success of her first book, *Edge of Wonder*. You can connect with Victoria’s work on Facebook (Victoria Erickson, Writer), and Instagram (Victoriaericksonwriter)

